Virgin Cocoa Butter from Modified Cocoa Bean Processing

Ariza Budi Tunjung Sari^{1, 2, 3}, Priscilla Efraim^{2,4}, Susanne Naumann²

¹Faculty of Food Technology and Biotechnology, University of Bonn, Bonn 53113, Germany. <u>www.ilt.uni-bonn.de</u> ²Fraunhofer Institute for Food and Packaging Technology (IVV), Freising, Bayern 85354, Germany. www.ivv.fraunhofer.de ¹Indonesian Coffee and Cocoa Research Institute (ICCRI), Jember, East Java 68118, Indonesia. www.iccri.net ³Faculdade de Engenharia de Alimentos, Universidade Estadual de Campinas (Unicamp), Campinas 13083-000, Brasil. www.fea.unicamp.br



Pharmaceutical

2022 International Symposium on Cocoa Research (ISCR), Montpellier, France

Cocoa butter production method



Montpellier, France

Possible modifications:



Montpellier, France



• Supercritical fluid extraction

Treatments

Code	Fermentation	Deshelling	Roasting	Pressing	Evaluations
U	No	Yes	No	Hydraulic/expeller	Cocoa butter
US	No	No	No	Expeller	 Yield of extraction
UR	No	Yes	Yes	Hydraulic/expeller	Free fatty acid content
USR	No	No	Yes	Expeller	 Solid fat content Triacylglycerol content
F	Yes	Yes	No	Hydraulic/expeller	 Oxidation stabilty
FS	Yes	No	No	Expeller	Casaa salida
FR	Yes	Yes	Yes	Hydraulic/expeller	 Total phenolic content
FSR	Yes	No	Yes	Expeller	Phenolic compounds
		_			

Conventional processing

Analyses

Cocoa butter

- Free fatty acids (FFA) content: titration based on AOCS Cd 3d-63 official method
- Solid fat content (SFC): nuclear magnetic resonance (NMR) (Rothkopf & Danzl, 2015)
- Fatty acids composition: Gas chromatography (GC)
- Oxidation stability (Rancimat analysis)

Cocoa solids

• Total polyphenol content (TPC): Folin-Ciocalteu method (Rodríguez et al., 2014)











2022 International Symposium on Cocoa Research (ISCR), Montpellier, France

Free fatty acid (FFA) content



• FFA contents were lower in the cocoa butter from treatments without fermentation and with expeller pressing

Cocoa butter

- U unfermented, no shell
- US unfermented, shell
- UR unfermented, no shell, roasted
- USR unfermented, shell, roasted
- F fermented, no shell
- FS fermented, shell
- FR fermented, no shell, roasted
- FSR fermented, shell, roasted

Solid fat content (SFC)



Yield of extraction



Triacylglycerols

% w/w of bean weight

N POP SOS POS 45,0 40,0 35,0 30,0 25,0 20,0 15,0 10,0 5,0 0,0 US UR FSR hU hUR hF U USR FS FR hFR F **Expeller** pressing Hydraulic pressing

• Triacylglycerol contents were varied across different treatments

Cocoa butter U unfermented, no shell US unfermented, shell UR unfermented, no shell, roasted USR unfermented, shell, roasted F fermented, no shell FS fermented, shell FR fermented, no shell, roasted FSR fermented, shell, roasted

POP = Palmitic – Oleic – Palmitic SOS = Stearic – Oleic – Stearic POS = Palmitic – Oleic -Stearic

Oxidation stability



hU	hFR	Onset (min)
0	1	5.3 ± 0.5^{a}
1	3	200.6 ± 19.3 ^b
1	1	203.7 ± 64.2 ^b
1	0	370.4 ± 160.4 ^b

- The onset of oxidation was delayed in the cocoa butter from treatment without fermentation.
- The mixing of unfermented cocoa butter with a regular cocoa butter has resulted in the delay in the onset of oxidation.

Cocoa butter

U unfermented, no shell FR fermented, no shell, roasted

Extraction method: hydraulic pressing Proposed modifications on the cocoa bean processing

- Cocoa bean processing without fermentation
- Expeller pressing at a higher quantity to increase the yield of cocoa butter extraction

Potential outputs

- Cocoa butter with minimal induction of enzymatic and thermal damage → Virgin Cocoa Butter
- Cocoa solids with higher phenolic content

Significance of study

- Product diversification:
 - virgin cocoa butter,
 - phenolic-rich cocoa powder
- Utilization of smallholder farmer's product
 - Some farmers in Indonesia operate small land (<1ha) at low productivity (<500 kg/year).
 - Conducting proper fermentation is very challenging at a low amount of cocoa beans
 - It is suggested that these farmers produce unfermented cocoa beans as the raw material of virgin cocoa butter

Thank you very much for your attention

We are looking forward to your comments and inputs

For further communication, please kindly contact me at ariza.bts@gmail.com